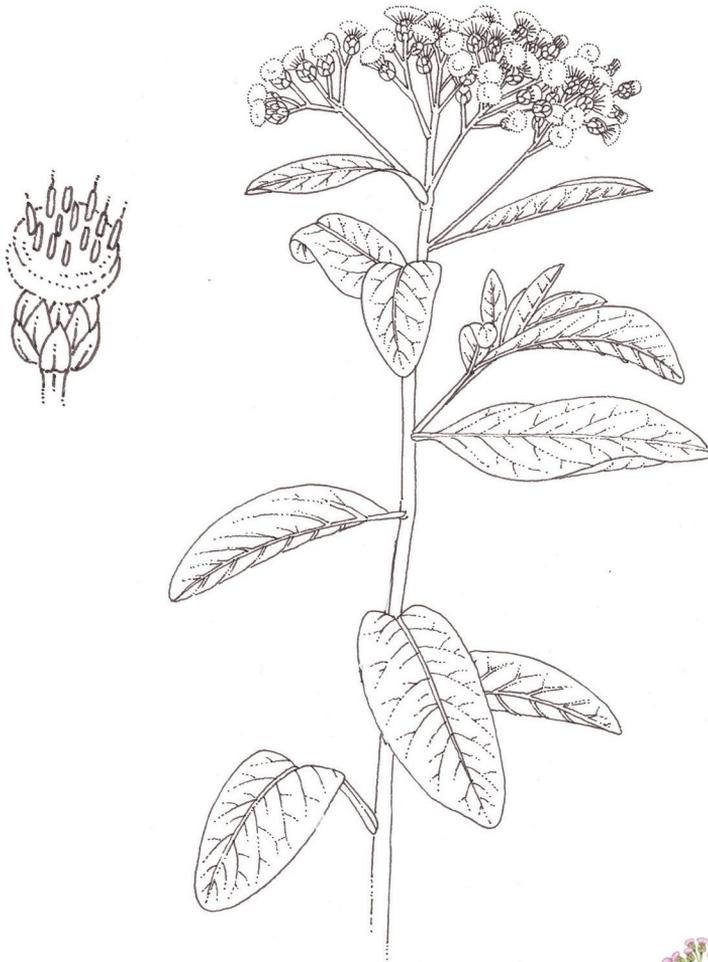


# Cattle Tongue



**Common name:** Cattle Tongue or Congo Tobacco

**Scientific name:** *Pluchea carolinensis*

**Location on the island:** This plant is grown in moist and semi moist areas

**Description:** It has ashy green leaves with bumps or nodules on them and bears bluish-purple flowers

**Herbal remedies:** Used for making tea to treat colds, flu and hoarseness

