

# Pung Coolie



**Common name:** Pung Coolie  
or Pom Coolie, Maiden Apple or Lizard Food

**Scientific name:** *Momordica charantia*

**Location:** This plant can be found growing on walls and fences around the island

**Description:** It grows as a vine and has small light-yellow flowers and yellow/orange fruits, which open to reveal bright red seeds

**Herbal remedies:** The leaves make tea for stomach problems

